

# Move to Casa Loma Assisted Living Was a Welcome and Easy Transition for McQuistons

Casa de Mañana resident Ed McQuiston and his wife, Bonnie, lived independently (without health services) in the Casa Norte building for eight years. In 2020, changes to Bonnie's health prompted the couple to move to an accommodation in the nearby Casa Loma building where assisted living services are provided for residents who need regular unscheduled care.



Always smiling at Casa Loma.

"I didn't know what to expect when we moved, but we soon found out the staff here are great," said Ed, who is known at the community as the unofficial ambassador to Casa Loma. "Staff got to know us and they made our transition very smooth. I'm glad this option was available to us. We settled into our new home that we call the honeymoon suite."

While Bonnie, needed extra care, Ed wanted to remain as independent as possible. While living at Casa Loma, he continues to do all of things he loves, including exercise classes, Wii Bowling and weekly "spa" days. And as a retired Navy pilot, Ed especially loves using the flight simulator that's part of Casa Loma's iN2L system, an interactive, immersive jumbo touchscreen that provides person-centered, content-driven engagement for older adults.

"What many people do not understand is that assisted living is *not* skilled nursing," Ed said. "Residents do not receive 24-hour care. Instead, they receive help as needed such as assistance with their medications, bathing, dressing, extra housekeeping or transportation. Or they need someone to escort them to activities or to the dining room. At Casa Loma, caregivers take excellent care of us."

Casa Loma residents have access to the entire Casa de Mañana campus and its amenities. However, they have the option of taking advantage of Casa Loma's private dining room, salon and barber shop, among other conveniences, as well as a unique life enrichment schedule, tailored to residents who may need extra help with their mobility.

In addition to the care services provided at Casa Loma, Casa de Mañana also offers Truly Yours, individualized personal care services delivered to residents throughout the entire campus who need just a small amount of scheduled personal care to help them through their day.

"When anyone asks me about Casa Loma I tell them to take a tour and you will find out this community is the benchmark by which to measure all other communities."