



A continuum of care.

Living well with
personalized support.



Canterbury Woods
A FRONT PORCH COMMUNITY



The support you need, *when you need it.*

Canterbury Woods is a senior living community that offers multiple levels of care to give you and your family the peace of mind that comes with knowing that your future needs will be met. And for couples with differing needs, we can accommodate both of you on the same campus. It's part of our commitment to support healthy aging for everyone.

Rehabilitation and Skilled Nursing Care

The Health Center at Canterbury Woods is your on-site resource for therapeutic care in the event of a medical issue, injury or other need. Our dedicated staff of professional nurses and therapists provides 24-hour supportive care for short-term stays, plus rehabilitation under the supervision of our medical director, to help you regain and maintain function, health and mobility. We also offer long-term care and support for chronic conditions, and hospice care when needed.

Both our staff and our experienced caregiving partners understand quality care and your personal needs. We work closely with your physician or can connect you with an on-site physician to oversee your care. We are rated by the Centers for Medicare & Medicaid Services (CMS). Support services include:

POST-ACUTE CARE

Round-the-clock care following a stay in the hospital or other medical event. Includes rehabilitative therapies, pain management, medication adjustment, wound care and restorative nursing.

PHYSICAL THERAPY

Expert guidance in exercises and activities to help regain mobility and function by improving strength, balance, muscle control and range of motion.

OCCUPATIONAL THERAPY

Help to increase strength and balance or improve fine motor coordination, as well as support in adjusting day-to-day tasks for greater independence and success after your return home.

SPEECH-LANGUAGE THERAPY

Therapists specialize in oral and written language for improved communications, as well as conditions affecting the ability to swallow.

RESTORATIVE CARE

Assistance in maintaining rehabilitative progress, provided by certified nursing assistants (CNAs), with a focus on endurance, mobility and movement.

HOSPICE CARE

We partner with experienced organizations that provide comfort and compassionate care that attends to emotional and spiritual needs at the end of life.

HEALTH CENTER SERVICES:

- Fully licensed, experienced nurses and certified aides
- Physical, occupational and speech therapies (including outpatient therapy)
- Assistance with eating, bathing and dressing
- Support for walks or general mobility
- Medication reminders or management
- Social services and counseling
- Spiritual support
- Activities programs
- Customized activities for special needs
- Discharge planning
- Hospice care and services
- End-of-life program

Insurance and Access

Most rehabilitative therapy is covered under Medicare Part A and Part B, and we also work with most private insurance companies. Residents are responsible for deductibles and co-pays. Some insurers require regular physician visits every 30 days while receiving therapy.

If you qualify under Medicare Part A, your therapy will be 100% covered for the first 20 days. Under Part B benefits, your therapist will send a statement to your insurer and Medicare will reimburse the Health Center at Canterbury Woods directly for a set amount. Be sure to read any statements you receive from your insurer carefully, as not all statements are bills. For stays without a qualifying Medicare event or if you surpass your Medicare coverage days, we will work with you to arrange private payment.

If you have any questions about your insurance or therapeutic needs, please do not hesitate to contact us. We're here to help.

Assisted Living

Residents at Canterbury Woods can transition to assisted living services, as needed. Assisted living provides personal care for activities of daily living (ADL), based on an individual assessment. This includes help with eating, bathing, dressing, walking and/or medication management. In addition to regularly scheduled activities, our staff is on call 24 hours a day to respond to your needs, with a nurse manager directing and coordinating your personalized services.

You can receive many assisted living services in your apartment, based on your individualized plan. Our assisted living apartments offer more comprehensive support.

Please note that the additional costs of assisted living services may be covered by long-term care insurance, but do not fall under medical insurance or Medicare.

ASSISTED LIVING SERVICES:

- Light housekeeping and laundering of bed and bath linens
- Assistance with eating, bathing and dressing
- Support for walks or general mobility
- Structured routines and tailored activities
- Medication reminders or management
- Incontinence care
- Personalized plan to meet your needs
- Emergency response 24/7
- Care coordination with your physician




To learn more about the range of care options available at Canterbury Woods, call 831.373.3111.

Canterbury Woods is a senior living community that is part of Front Porch, a dynamic not-for-profit family of communities and services dedicated to empowering individuals to live connected and fulfilled lives.



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