

Assisted Living

Residents at St. Paul's Towers can transition to assisted living services, as needed. Assisted living provides personal care for activities of daily living (ADL), based on an individual assessment. This includes help with eating, bathing, dressing, walking and/or medication management. In addition to regularly scheduled activities, our staff is on call 24 hours a day to respond to your needs, with a nurse manager directing and coordinating your personalized services.

You can receive many assisted living services in your apartment, based on your individualized plan. Our assisted living apartments offer more comprehensive support.

Please note that the additional costs of assisted living services may be covered by long-term care insurance, but do not fall under medical insurance or Medicare.

ASSISTED LIVING SERVICES:

- Light housekeeping and laundry
- Assistance with eating, bathing and dressing
- Support for walks or general mobility
- Three chef-prepared meals served daily in the dining room
- Structured routines and tailored activities
- Medication reminders or management
- Incontinence care
- Personalized plan to meet your needs
- Emergency response 24/7
- Care coordination with your physician